

# Affluenza Oliver James

**Affluenza** *The Selfish Capitalist* **How to Develop Emotional Health** *ThirdWay Office Politics* **How Not to F\*\*\* Them Up** **The Holistic Manifesto: Centre-Left Policies for the Twenty-First Century** *Ontspullen Marketing Greatest Hits* *The Myth of Real Democracy and Other Myths of Modernity* *Global Public Square* **Upping Your Ziggy** **Environmental Transformations** *How Not to F\*\*\* Them Up* **Contented Dementia** *Responsible Citizens* **Radical Consumption: Shopping For Change In Contemporary Culture** *Capitalism* **Capitalism as If the World Matters** *The Ghost of Perfection* *ThirdWay* *The 8 Secrets of Happiness* *Psychoanalytic Accounts of Consuming Desire* **How to Tame Technology and Get Your Life Back: Teach Yourself A Climate for Denial** **Sustainable Development Research at Universities in the United Kingdom** *The Big Society Revolution* **Authentic. Inside Out Marketing Greatest Hits Volume 2** *The Emotional Life of Money: How Money Changes the Way We Think and Feel* *The challenge of sustainability* *Stuffocation* *What's Left Now? How to Feel Good Naked* *Democratic Imperative* **The Art of Deliberate Success** *Austerity Ecology & the Collapse-Porn Addicts* **Varieties of Personal Theology**

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*Ontspullen* Mar 29 2022 Je zult vast en zeker herkennen dat je teveel spullen hebt in huis. We hebben er met elkaar meer dan ooit - en veel dingen die we nooit gebruiken, zoals kleding, keukenspullen en prullaria. Maken ze jou nog gelukkig? Volgens trendwatcher James Wallman kun je beter ervaringen verzamelen in je leven en jezelf van spullen ontdoen. De Japanse opruimgoeroe Kondo helpt je met selecteren, maar Wallman gaat een stap verder. Hoe zorg je ervoor dat je niet verleid wordt om meer te kopen? In *Ontspullen* beschrijft de auteur inspirerende alternatieven, die gratis zijn of weinig hoeven te kosten. Dit boek biedt jou een combinatie van psychologische inzichten, aansprekende voorbeelden en praktische tips voor een lichter leven.

*The Big Society* Aug 10 2020 This hugely important book provides a most timely and important answer to a question perhaps best described as rhetorical: it is essential reading for politicians, economists, social commentators - and the voting public.

**ThirdWay** Aug 02 2022 Monthly current affairs magazine from a Christian perspective with a focus on politics, society, economics and culture.

**Contented Dementia** Aug 22 2021 Dementia is a little understood and currently incurable illness, but much can be done to maximise the quality of life for people with the condition. *Contented Dementia* - by clinical psychologist and bestselling author Oliver James - outlines a groundbreaking and practical method for managing dementia that will allow both sufferer and carer to maintain the highest possible quality of life, throughout every stage of the illness. A person with dementia will experience random and increasingly frequent memory blanks relating to recent events. Feelings, however, remain intact, as do memories of past events and both can be used in a special way to substitute for more recent information that has been lost. The SPECIAL method (Specialized Early Care for Alzheimer's) outlined in this book works by creating links between past memories and the routine

activities of daily life in the present. Drawing on real-life examples and user-friendly tried-and-tested methods, *Contented Dementia* provides essential information and guidance for carers, relatives and professionals.

*Capitalism* May 19 2021 As our great economic machine grinds relentlessly forward into a future of declining fossil fuel supplies, climate change and ecosystem failure, governments are at long last beginning to question the very structure of the global economy. In this fresh, politically charged analysis, Jonathon Porritt wades in on the most pressing question of the 21st century: can capitalism, as the only real economic game in town, be retooled to deliver a sustainable future? Porritt argues that indeed it can, and it must, as he lays out the framework for a new 'sustainable capitalism' that cuts across the political divide and promises a prosperous future of wealth, equity and ecosystem integrity.

*The Emotional Life of Money: How Money Changes the Way We Think and Feel* Mar 05 2020 This fascinating book illustrates how human behavior regarding money is triggered by emotion and powered by our psychic makeup, empowering readers to better understand their own behavior and decision making with money. • Provides unique insights into the emotional/psychological side of money and discusses how money affects the way we think and behave • Examines how human emotion on an individual level influences much larger economic cycles of boom and bust • Includes worksheets and quizzes to help readers determine their own Money Script and how it was "written" in their own family • Identifies the differences commonly seen between men and women in money attitudes and money management

*How Not to F\*\*\* Them Up* Sep 22 2021 As a mother, are you comfortable in your skin? Want to know how best to be a stay-at-home or working mum? Babies have very simple needs, yet many parents are overwhelmed with elaborate advice on how to meet them. In *How Not to F\*\*\* Them Up*, leading child psychologist Oliver James argues that your under-threes do not need training; it's getting your head straight

as a parent that's important. Drawing on extensive interviews and the latest clinical research, James identifies three basic types of mum: the Hugger, the Organiser and the Fleximum. Outlining the benefits and pitfalls of each, *How Not to F\*\*\* Them Up* shows you how to recognise which style suits you best and outlines simple strategies to reconcile personal ambitions with the needs of your family. Empowering and provocative, Oliver James will help you make the best choices for bringing up a happy, confident child.

**The Holistic Manifesto: Centre-Left Policies for the Twenty-First Century** Apr 29 2022 E.P. Anthony, an economist, trader and wealth manager focuses on the political economy of inequality and the decline of centre-left parties in the developed world in this manifesto. His analysis will especially appeal to readers in the Anglo-Saxon economies of the United Kingdom, United States, Canada, Australia, and New Zealand where inequality has increased most rapidly. The manifesto summarizes recent literature on inequality in an accessible way, including the best-selling books by Thomas Piketty, Chrystia Freeland, and Joseph Stiglitz. However, while those books provide great analysis, Anthony proposes solutions, including how to: prevent another global financial crisis; stimulate economic productivity and growth; and take wide-ranging action to reduce inequality...

**Marketing Greatest Hits Volume 2** Apr 05 2020 Hard on the heels of the popular *Marketing Greatest Hits* comes volume II, the definitive compendium of everything you need to know from the best minds in modern marketing - abridged, condensed, and ready for immediate action. As well as saving hundreds of hours of reading time, the reader is able to grasp ideas with pithy accuracy, explain them authoritatively to colleagues and, crucially, avoid being hoodwinked by those who claim to understand a concept when in fact they have got the wrong end of the stick. 40 books are summarised in six short chapters, one-minute summaries, and one-sentence summaries to give an immediate feel for the subjects. All the wisdom forms an intriguing 40-point manifesto to inspire your approach.

**How Not to F\*\*\* Them Up** May 31 2022 Are you confused by parenting advice from experts who contradict each other? Concerned about the possible effects of being a working mother? Terrified of turning into your own parents? Parents today are overwhelmed with elaborate advice on how to raise babies.

Responsible Citizens Jul 21 2021 The individual has never been more important in society – in almost every sphere of public and private life, the individual is sovereign. Yet the importance and apparent power assigned to the individual is not all that it seems. As 'Responsible Citizens' investigates via its UK-based case studies, this emphasis on the individual has gone hand in hand with a rise in subtle authoritarianism, which has insinuated itself into the government of the population. Whilst present throughout the public services, this authoritarianism is most conspicuous in the health and social welfare sectors, such that a kind of 'governance through responsibility' is today enforced upon the population.

**How to Tame Technology and Get Your Life Back: Teach Yourself** Nov 12 2020 Technology can be a wonderful thing. It can also be a curse when it overwhelms us. If your phone, computer or other devices are beginning to rule your life, then you need help. We don't have to be ruled by our machines. It's time for us humans to fight back. 'How to Tame Technology' tells you exactly what to do, practical tips and simple things that you can do to regain control. Take the test and find out just how addicted you are - then learn how to cure yourself. 'I can't talk now, I'm on the phone' For those of us suffering from technological overload, it's time to pause and think. Author and Plain English commentator Kevin Duncan has trained and advised some of the UK's top companies, including Saatchi & Saatchi and Shell, in how to cope with all this. This thought-provoking book grapples with just how addicted we have become to technology and offers a set of ideas to help wean us off our technological drugs and lead a more fulfilling life. It looks briefly at how we got here, tests you on how serious your condition is and then offers real solutions, including rapid sequential tasking (v multitasking), communicating concisely, using the best method of communication for the job, all while retaining your sense of humour and enthusiasm. 'Every page is a prompt to imagine things differently. A handbook for these challenging times ahead.' Mark Earls, author of Herd 'He does for business what Nike does for sport.' Richard Hytner, Deputy Chairman, Saatchi & Saatchi Worldwide 'Anyone who owns a mobile should have this on their shelf.' Robert Ashton, author The Life Plan

**Authentic.** Jun 07 2020 "[Authentic] offers hope to anyone who has ever wished for stronger friendships, deeper relationships - and to be a better person" Rob Parsons, Care for the Family 97.5% of people admit their relationships could be improved 64% of people don't think they give enough time to their close friendships 59% of single people often feel lonely 80% of people don't respect their boss Are your friendships as strong as you'd like them to be? Are you struggling with a relationship at the moment? Have you ever wondered why some people make you react in a certain way. Perhaps you long for more time to spend with your loved ones, or for loved ones that you would

want to spend more time with. Do you wish you didn't lose your temper so much or that you could express your emotions more easily? Would you like to understand those around you better? If you want to have genuine, meaningful relationships with anyone everyone in your life AUTHENTIC is the book for you. Full of practical advice, it will show you how to invest in authentic relationships - one of the most rewarding adventures we can ever undertake.

**How to Develop Emotional Health** Sep 03 2022 Happiness is a loaded term that means different things to different people. To some, it might mean life satisfaction, to others, a fleeting moment of joy. Rather than seeking to be happy, Oliver James encourages us to cultivate our emotional health. Outlining the five elements of good emotional health - insightfulness, a strong sense of self, fluid relationships, authenticity and playfulness in our approach to life - he offers strategies for optimizing each characteristic to live more fulfilling lives. Helping us to understand the impact our emotional baggage has on our daily interactions, he reveals how to overcome unhelpful patterns and become more self-aware - revitalizing our approach to life. One in the new series of books from The School of Life, launched January 2014: How to Age by Anne Karpf How to Develop Emotional Health by Oliver James How to Be Alone by Sara Maitland How to Deal with Adversity by Christopher Hamilton How to Think About Exercise by Damon Young How to Connect with Nature by Tristan Gooley

**Environmental Transformations** Oct 24 2021 From the depths of the oceans to the highest reaches of the atmosphere, the human impact on the environment is significant and undeniable. These forms of global and local environmental change collectively appear to signal the arrival of a new geological epoch: the Anthropocene. This is a geological era defined not by natural environmental fluctuations or meteorite impacts, but by collective actions of humanity. Environmental Transformations offers a concise and accessible introduction to the human practices and systems that sustain the Anthropocene. It combines accounts of the carbon cycle, global heat balances, entropy, hydrology, forest ecology and pedology, with theories of demography, war, industrial capitalism, urban development, state theory and behavioural psychology. This book charts the particular role of geography and geographers in studying environmental change and its human drivers. It provides a review of critical theories that can help to uncover the socio-economic and political factors that influence environmental change. It also explores key issues in contemporary environmental studies, such as resource use, water scarcity, climate change, industrial pollution and deforestation. These issues are 'mapped' through a series of geographical case studies to illustrate the particular value of geographical notions of space, place and scale, in uncovering the complex nature of environmental change in different socio-economic, political and cultural contexts. Finally, the book considers the different ways in which nations, communities and individuals around the world are adapting to environmental change in the twenty-first century. Particular attention is given throughout to the uneven geographical

opportunities that different communities have to adapt to environmental change and to the questions of social justice this situation raises. This book encourages students to engage in the scientific uncertainties that surround the study of environmental change, while also discussing both pessimistic and more optimistic views on the ability of humanity to address the environmental challenges of our current era.

*The 8 Secrets of Happiness* Jan 15 2021 We are surrounded by innumerable products promising to make us more attractive, more healthy, more popular and more successful. But somehow, it's not quite enough - there's more to happiness than having a great job, designer clothes, a busy social life or a fat bank balance. This book guides you through the 8 secrets which psychologists have discovered to be the foundations of happiness, revealing a hidden dimension they all share. In an age of unprecedented wealth, coupled with unprecedented unhappiness and even depression, this book is a timely wake-up call.

**Capitalism as if the World Matters** Apr 17 2021 First Published in 2007. Routledge is an imprint of Taylor & Francis, an informa company.

*Global Public Square* Dec 26 2021 DescriptionThe 21st Century is one of the most turbulent and critical in our history. When the blueprints that guided us through the last two centuries have been torn up or found wanting there is a great need to recreate our future through thought discussion and action. Well-being is about being happy with ourselves and comfortable with our environment and without the public space to create that and forge new maps and purpose then we are in danger of an intellectual and emotional void. This book is about creating and expanding the public sphere or square where this can happen and where we can make connections that will make a difference. But the public square in the 21st century is both local and global and based around constantly changing networks. How we give public space to these new networks is central to the theme of this book. This book emphasises that it is these local and global networks that have the power to shape our future by bringing into focus the need to change both our environment and ourselves. It is the connections made that are the engines and energy of networks and relationships created between individual and organisations can become the effective agents of change and reinvigorate our political life. The 21st century has to be about making the connections that will simultaneously change both our environment and ourselves. It is in the global public square of the present century that we can recreate our future in a sustainable way when faced with constant diversity and change. About the AuthorFrancis Sealey was born in 1944 and was a Producer and Executive Producer for many years working for both the BBC Open University and the Community Programmes Unit. He has been active in politics and community action for most of his life, being a Parliamentary Candidate in 1974 and founder and activist in a number of social & community networks. Since 1993 he has been a freelance producer working with a number of training, public and voluntary organisations. In 2007 he founded 21st Century Network to

help recreate public space and bring genuine debate back to public life.

**ThirdWay** Feb 13 2021 Monthly current affairs magazine from a Christian perspective with a focus on politics, society, economics and culture.

Office Politics Jul 01 2022 A fascinating exposé of office culture, in the style of the bestselling *Affluenza*, from popular psychologist Oliver James. The modern working world is a dangerous place, where game-playing, duplicity and sheer malevolence are rife. Do talent and hard work count for nothing? Is politics everything? In this fascinating exposé, Oliver James reveals the murky underside of modern office life. With cutting-edge research and eye-opening interviews, he highlights the nasty practices that propel people to the top and shows how industries and cultures are fostering this behaviour. He then divulges strategies and techniques for not only surviving but thriving in these difficult environments. With the right mindset, you can distinguish and deal with toxic and overpromoted colleagues, charm your way through interviews and use office politics to your advantage. *Office Politics* will overthrow your perceptions of office life and set you on a new path to success. Oliver James trained and practised as a child clinical psychologist and, since 1988, has worked as a writer, journalist and television documentary producer and presenter. His books include *Juvenile Violence in a Winner-Loser Culture*, the bestselling *They F\*\*\* You Up*, *Affluenza* and *Contented Dementia*. He is a trustee of two children's charities: the National Family and Parenting Institute and Homestart.

**Radical Consumption: Shopping For Change In Contemporary Culture** Jun 19 2021 "This book offers an interdisciplinary approach to examining contemporary radical consumption, analyzing its possibilities and problems, moralities, methods of mediation and its connections to wider cultural formations of production and politics." "Jo Littler argues that we require a more expansive vocabulary and need to open up new approaches of enquiry in order to understand the area's many contradictions, strengths and weaknesses. Drawing on a number of contemporary theories, terms and debates in media and cultural studies, she uses a range of specific case studies to bring theory to life." "Radical Consumption is important reading for cultural, media and sociology students." --Book Jacket.

*The Selfish Capitalist* Oct 04 2022 In the bestselling "*Affluenza*," world-renowned psychologist Oliver James introduced us to a modern-day virus sweeping through the English-speaking world. He met those suffering from it and demonstrated how their obsessive, envious tendencies made them twice as prone to depression, anxiety and addictions than people in other developed nations. Now "*The Selfish Capitalist*" provides more detailed substantiation for the claims made in "*Affluenza*." It looks deeper into the origins of the virus and outlines the political, economic and social climate in which it has grown. James points out that, since the seventies, the rich have got much, much richer, yet the average person's wage has not increased at all. A rallying cry to the Government to reduce our levels of distress by adopting a form of unselfish capitalism, this hard-hitting and thought-

provoking work tells us why our personal well-being must take precedence over the wealth of a tiny minority if we are to cure ourselves of this disease.

**The Art of Deliberate Success** Aug 29 2019 An effective framework for professional and personal success. Everyone wants to succeed in life, but not everyone knows how. Success isn't just a result of luck and hard work; you also need to know how to define success for yourself and put yourself in the right frame of mind to achieve it. Based on a powerful ten-part framework, *The Art of Deliberate Success* presents ten chapters that help you identify strengths and weaknesses so you can focus your attention and effort where it matters most. The book includes an online self-assessment tool that helps you pinpoint the areas you need to focus on, followed by chapters dedicated to helping you focus on what matters, using language more effectively, mastering your behaviour, getting things done, and ultimately reach your goals. Based on the author's 24 years of professional experience and research, *The Art of Deliberate Success* presents a flexible and effective system that allows you to achieve goals that are professional or personal in nature. Features a special online self-assessment tool for identifying strengths and weaknesses and personalising your self-development. Informal, easy-to-read, and highly effective, *The Art of Deliberate Success* is the ideal guide for professionals who want to reach new heights and stay there. *Psychoanalytic Accounts of Consuming Desire* Dec 14 2020 Provides an accessible introduction to psychoanalytic explanations of consumer desire. Topics are drawn widely to reflect the scope of Freud's vision and include dreams, sexuality and hysteria. Discussion is widened to selectively include authors such as Melanie Klein and Jacques Lacan, and to include evaluation of current research.

*Stuffocation* Jan 03 2020 In this groundbreaking book, trend forecaster James Wallman reveals the world's growing sense of *Stuffocation* - and how we can move away from it. 'Like *The Tipping Point* meets *Freakonomics* - but with a huge idea at its heart' Sunday Times. We have more stuff than we could ever need - clothes we don't wear, kit we don't use, and toys we don't play with. But having everything we thought we wanted isn't making us happier. It's bad for the planet. It's cluttering up our homes. It's making us feel 'stuffed' and stressed - and it might even be killing us. In this groundbreaking book, trend forecaster James Wallman finds that a rising number of people are turning their backs on all-you-can-get consumption, from the telecoms exec who's sold almost everything he owns, to the well-off family who have moved into a remote mountain cabin. Wallman's solution to our clutter crisis is less extreme, but equally fundamental. We have to transform what we value. We have to focus less on possessions and more on experiences. Rather than a new watch or another pair of shoes, we should invest in shared experiences like holidays and time with friends. With intriguing insights on psychology, economics and culture, *Stuffocation* is a vital manifesto for change. It has inspired those who have read it to be happier and healthier, and to live more, with less. James Wallman is a journalist, trend forecaster, speaker, and author. He has written for *GQ*, the *New York Times*, the *FT*, and advised clients such as Absolut, BMW, Burberry, and Nike.

James wrote the futurology column in *T3* magazine and was editor of *The Future Laboratory's* forecasting publication. He has an MA in Classics from Oxford University and an MA in Journalism from the University of the Arts London. He has lived in France, Greece, and Palo Alto in California and currently lives in London with his wife and children.

**Sustainable Development Research at Universities in the United Kingdom** Sep 10 2020 This book gathers inputs from a variety of researchers in the field of sustainable development in the widest sense across the UK, from business and economics, to arts and fashion, administration, environment and media studies. The book also describes research, curriculum innovation, and campus greening in a comprehensive way. Many universities in the United Kingdom are currently engaged in high-quality research on matters related to sustainable development. Yet there are relatively few publications that provide a multidisciplinary overview of these efforts and projects, and in which researchers from across the spectrum of the natural and social sciences have the opportunity to present their research methods, the results of their empirical research, or exchange ideas about on-going and future research initiatives focusing on sustainable development. Addressing this important gap in the literature, this book contributes to the further development of this rapidly growing field in the United Kingdom and beyond.

*Austerity Ecology & the Collapse-Porn Addicts* Jul 29 2019 Economic growth, progress, industry and, erm, stuff have all come in for a sharp kicking from the green left and beyond in recent years. Everyone from black-hoodied Starbucks window-smashers to farmers' market heirloom-tomato-mongers to Prince Charles himself seem to be embracing 'degrowth' and anti-consumerism, which is nothing less than a form of ecological austerity. Meanwhile, the back-to-the-land ideology and aesthetic of locally-woven organic carrot-pants, pathogen-encrusted compost toilets and civilisational collapse is hegemonic. Yet modernity is not the cause of climate change and the wider biocrisis. It is indeed capitalism that is the source of our environmental woes, but capitalism as a mode of production, not the fuzzy understanding of capitalism of Naomi Klein, Bill McKibben, Derrick Jensen, Paul Kingsnorth and their anarcho-liberal epigones as a sort of globalist corporate malfeasance. In combative and puckish style, science journalist Leigh Phillips marshals evidence from climate science, ecology, paleoanthropology, agronomy, microbiology, psychology, history, the philosophy of mathematics, and heterodox economics to argue that progressives must rediscover their historic, Promethean ambitions and counter this reactionary neo-Malthusian ideology that not only retards human flourishing, but won't save the planet anyway. We want to take over the machine and run it rationally, not turn the machine off.

**Affluenza** Nov 05 2022 There is currently an epidemic of 'affluenza' throughout the world - an obsessive, envious, keeping-up-with-the-Joneses - that has resulted in huge increases in depression and anxiety among millions. Over a nine-month period, bestselling author Oliver James travelled around the world to try and find out why. He

discovered how, despite very different cultures and levels of wealth, affluenza is spreading. Cities he visited include Sydney, Singapore, Moscow, Copenhagen, New York and Shanghai, and in each place he interviewed several groups of people in the hope of finding out not only why this is happening, but also how one can increase the strength of one's emotional immune system. He asks: why do so many more people want what they haven't got and want to be someone they're not, despite being richer and freer from traditional restraints? And, in so doing, uncovers the answer to how to reconnect with what really matters and learn to value what you've already got. In other words, how to be successful and stay sane.

**Upping Your Ziggy** Nov 24 2021 Psychologist Oliver James, bestselling author of *They F\*\*\* You Up* and *Affluenza* explores in this book the mental illness that afflicted David Bowie's family and Bowie's fear that he too was destined for insanity. Through Ziggy Stardust, and later personas including Aladdin Sane and Thin White Duke, Bowie engaged in an internal dialogue, played out on an international stage. Eventually, he emerged as the emotionally healthy man he remained until his death in January 2016. Using Bowie's example, as well as cases from his work as a therapist, Oliver James shows how personas can benefit us all. We can convert the lead of childhood adversity into the gold of emotional health if we identify the roots of our many selves and choose who we become.

*How to Feel Good Naked* Oct 31 2019 The concept of the ideal sexy body still dominates fashion, advertising - and our thinking. Success, status and sex appeal are all interwoven. Sheila argues that this is dangerous to our well-being and contrary to the central Christian idea of our acceptance in Christ. She shows how we can break bad habits of body and mind, make the most of our corporeal selves and enjoy being the way God made us. As we learn to love our bodies we learn to love ourselves. Makeovers, she writes, are just not enough. 'I don't think you can just fix up the outside of a person. If you don't ever take a look on the inside and unpack all the self-loathing, and replace it with a deep down self-acceptance and a sense of being unconditionally loved, then no amount of surface rearrangement will ever be enough.'

[Marketing Greatest Hits](#) Feb 25 2022 Part of the Greatest Hits series, *Marketing Greatest Hits* by Kevin Duncan is an essential resource which utilizes a effective dual approach to mastering the best ideas of modern marketing: the first ten chapters give in-depth examination of critical topics, followed by quick summaries of the most talked about and thought-provoking work from the best business books published, including *The Long Tail*, *Meatball Sundae*, *Buzz*, *Affluenza* and *Blink*. The book will help you stay up-to-date on how to navigate the ever-changing landscape of marketing and distills an enormous amount of information on the best ideas and insight into memorable digests which will enable you to finally cross off "must reads" from your business reading list.

[The Ghost of Perfection](#) Mar 17 2021 Who am I? Who are we? Simple yet profound questions. What does it mean to be human? Why does society sometimes make us feel inadequate and diminished as humans? Where does the church and religion slot into this sense of

dehumanization? What are we doing to ourselves and to others to impede our journey as humans living to the fullest? Why does it feel as if violence and fear is the dominant narrative in this modern world? Who is Jesus? Again, a simple yet profound question. A question that can open the door to knowing what it truly means to be human, living a life of love and not fear and violence. With the help of ancient and modern thinkers, pioneer, church planter, and chaplain Joe Haward explores these questions in this provocative book and seeks to help us reconnect with our beautiful humanity.

*A Climate for Denial* Oct 12 2020 Why is it that despite overwhelming evidence and fundamental science, some people still don't accept that climate change is real and that human activity is contributing to it? Is it because the science is not being understood? Is it because it is difficult to accept that humans are capable of changing the climate? Is there a link between climate change scepticism and ideology? Is there a link between the belief in the science and belief in God? If you know anyone who challenges the science of climate change - or completely denies it's happening at all - then this book is for you, and for them. Don't worry, your friend is human after all, and such behaviour can be explained. *A Climate for Denial* gives a summary of the reasons your friend is a sceptic.

**Inside Out** May 07 2020 Are your friendships as strong as you'd like them to be? Are you struggling with a relationship at the moment? Have you ever wondered why some people make you react in a certain way? Do you wish you didn't lose your temper so much or that you could express your emotions more easily? Would you like to understand those around you better? If you want to have genuine, meaningful relationships with anyone and everyone in your life, *INSIDE OUT* is the book for you. Full of practical advice, it will show you how to invest in authentic relationships - one of the most rewarding adventures we can ever undertake.

[The Myth of Real Democracy and Other Myths of Modernity](#) Jan 27 2022 One of the most savage critiques of Modernity ever written on so-called Democracy (in its many forms), Meritocracy, What is Truth - Fact or Fiction, the Mass Media and Individualism. Meaning in essence that Socrates famous axiom is as relevant today as it was in the past, which was according to Plato: 'that the unexamined life is not worth living'.

*Revolution* Jul 09 2020 Electronic + Addicted (abnormally dependent on a habit) = edicted (hooked on technology). Technology can be a wonderful thing. It can also be a curse when it overwhelms us. If your phone, computer or other devices are beginning to rule your life, then you may be edicted. We don't have to be ruled by our machines. It's time for us humans to fight back. *Revolution* tells you how, with technology taming tips and simple things that you can do to regain control. Take the test and find out just how edicted you are - then learn how to cure yourself. 'I can't talk now, I'm on the phone' For those of us suffering from ediction, it's time to pause and think. Author and Plain English commentator Kevin Duncan has trained and advised some of the UK's top companies, including Saatchi & Saatchi and Shell, in how to cope with all this. This thought-provoking book

grapples with just how addicted we have become to technology and offers a set of ideas to help wean us off our technological drugs and lead a more fulfilling life. It looks briefly at how we got here, tests you on how serious your condition is and then offers real solutions, including rapid sequential tasking (v multitasking), communicating concisely, using the best method of communication for the job, all while retaining your sense of humour and enthusiasm. "Every page is a prompt to imagine things differently. A handbook for these challenging times ahead." Mark Earls, author of *Herd* 'He does for business what Nike does for sport.' Richard Hytner, Deputy Chairman, Saatchi & Saatchi Worldwide 'Anyone who owns a mobile should have this on their shelf.' Robert Ashton, author *The Life Plan*  
[The challenge of sustainability](#) Feb 02 2020 This timely and accessible book explores the links between politics, learning and sustainability. Its central focus is the future of people and the planet itself. The challenges that we face in combatting climate change and building a more sustainable world are complex and the book argues that if we are to successfully meet these challenges we need a fundamental change in the way we do politics and economics, embedding a lifelong commitment to sustainability in all learning. We have no option but to make things work for the better. After all, planet earth is the only home we have! The book will be important reading for academics and students in a variety of related subjects, including politics, public policy, education, sustainable development, geography, media, international relations and development studies. It will also be a valuable resource for NGOs and policy makers.

[Democratic Imperative](#) Sep 30 2019 Democracy understood as people power, which is the only proper definition of the word, is put forward in this book as the panacea for resolving the most pressing issues of our time. But democracy as a practicable system hinges on many conditions which are seldom appreciated by our world leaders, international institutions, or relevant bodies of learning. The evolution of democracy as a system of government and way of life, and the problems to which the former gives rise is broadly discussed by the author. Of most significance are those situations, in both East and West, when democracy is ideologically used as a cover for ulterior purposes. It is powerfully argued that the left/right divide which for 200 years has served as the rationale for advancing social progress in sustaining democracy is now destroying it, as partly witnessed through the collapse of both party memberships and voting figures in most advanced industrial economies. This has occurred through the transformation of society and the world of work over the past 60 years, and has left our parliamentary representatives trapped in a time-warp of the past in their inability to meet the actuality of contemporary issues. It is clearly shown, through a variety of reasons, that democracy as an all-inclusive system of government is only workable within the nation state. This partly explains the crises of the EU, and the shortcomings of the UN's Security Council. The greatest threat to democracy, since it limits the power of the nation state to carry through electoral promises, is international finance and transnational corporations, which are unaccountable to any responsible authority

and liable to bring economic catastrophe in their wake. This is a book which seeks to empower our national politicians, irrespective of party, so they may more effectively represent the interests of their electorates. A way must be found for our politicians to resolve their predicament, even though it may entail a shift in their attitudes and ideals.

*What's Left Now?* Dec 02 2019 An unexpected story of how Britain has and has not changed, how things might not be as bad as we routinely think they are and how we really do need to pause before saying sweeping things about neoliberalism.

**Varieties of Personal Theology** Jun 27 2019 Varieties of Personal Theology starts from the premise that all human beings are folk theologians, active not only in constructing selves but also in constructing worlds and guiding philosophies of life. Through fascinating in-depth interviews and surveys, David Gortner looks specifically at 'emerging adults' (aged 18-25) as young theologians who, regardless of religious background, wrestle with fundamental questions of place, purpose, ultimate cause, and ultimate aims in life. This book charts the subtle and significant influences of social class, family, school, work, peer relationships, religion, and intrinsic

attitudes and dispositions on young adults' personal theologies, and traces the ways their personal theologies connect with choices they make in their daily lives - in education, jobs, leisure, and relationships. Intentionally crossing boundaries between religious and social science fields, Gortner combines perspectives from both to demonstrate how theological diversity persists in America despite some clear culturally dominant trends. This book reveals how American young adults are active theologians forging diverse ways of seeing and being in the world - shaped by their experiences and in turn continuing to shape their choices in life.